

DID JESUS SAY THAT?

Follow Your Heart

Jeremiah 17:9-10a (NLT)

⁹ “The human heart **is the most deceitful of all things, and desperately wicked**. Who really knows how bad it is?

¹⁰ But I, the Lord, search all hearts and examine secret motives.

Matthew 15:10-11 (NIV)

¹⁰ Jesus called the crowd to him and said, “Listen and understand. ¹¹ What goes into someone’s mouth does not defile them, but what comes out of their mouth, that is what defiles them.”

Matthew 15:16-20 (NIV)

¹⁶ “Are you still so dull?” Jesus asked them. ¹⁷ “Don’t you see that whatever enters the mouth goes into the stomach and then out of the body? ¹⁸ **But the things that come out of a person’s mouth come from the heart, and these defile them.** ¹⁹ **For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander.** ²⁰ These are what defile a person; but eating with unwashed hands does not defile them.”

Jeremiah 17:1a (NET)

¹ The sin of Judah is engraved with an iron chisel on their **stone-hard hearts**.

Proverbs 28:14 (NIV)

¹⁴ Blessed is the one who always trembles before God, but **whoever hardens their heart** falls into trouble.

1 Samuel 6:6a (NET)

⁶ **Why harden your hearts** like the Egyptians and Pharaoh did?

Proverbs 4:23 (NIV)

²³ **Above all else**, guard your heart, for everything you do flows from it.

Heart = the inner core of a person, the thoughts, feelings, desires, will, and choices that make that person who he/she is.

Psalm 51:10-17 (NLT)

¹⁰ **Create in me a clean heart**, O God. Renew a loyal spirit within me. ¹¹ Do not banish me from your presence, and don't take your Holy Spirit from me. ¹² **Restore to me the joy of your salvation**, and make **me willing** to obey you.

¹³ **Then I will teach your ways** to rebels, and they will return to you. ¹⁴ **Forgive me** for shedding blood, O God who saves; then I will joyfully sing of your forgiveness. ¹⁵ Unseal my lips, O Lord, that my mouth may praise you.

¹⁶ **You do not desire a sacrifice**, or I would offer one. You do not want a burnt offering. ¹⁷ The sacrifice you desire is a broken spirit. **You will not reject a broken and repentant heart**, O God.

We shouldn't follow our hearts. We should condition our hearts to follow after God!

Ezekiel 36:26 (NIV)

²⁶ I will give you a **new heart** and put a new spirit in you; I will remove from you **your heart of stone** and give you a **heart of flesh**.