

OLD SCHOOL “Confession”

Guilt destroys our confidence.

Guilt damages our relationships.

Guilt keeps us stuck in the past.

¹³ *No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: **Forgetting the past and looking forward to what lies ahead...** **Philippians 3:13 (NLT)***

¹³ ***Nothing in all creation** is hidden from God's sight. **Everything is uncovered** and laid bare before the eyes of him to whom we must give account. **Hebrews 4:13 (NIV)***

²³ *But if you fail to do this, you will be sinning against the Lord; and you may **be sure that your sin will find you out.** **Numbers 32:23 (NIV)***

² ***There is nothing concealed that will not be disclosed, or hidden that will not be made known.** ³ What you have said in the dark will be heard in the daylight, and what you have whispered in the ear in the inner rooms will be proclaimed from the roofs. **Luke 12:2-3 (NIV)***

God exposes what we cover, but He covers what we expose.

⁹ *If we **confess our sins**, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. **1 John 1:9 (NIV)***

Take a personal moral inventory.

Accept responsibility for your faults.

Ask God for forgiveness.

Admit your faults to another person.

¹⁶ **Admit your faults to one another** and pray for each other so that **you may be healed. James 5:16 (TLB)**