

# WHERE IS GOD WHEN... “I’m Overwhelmed?”

***“Anxiety does not empty tomorrow of its sorrows, but only empties today of its strength.” – Charles Spurgeon***

**THE THING YOU WORRY ABOUT THE MOST IS THE THING THAT YOU ARE MOST DEVOTED TO.**

**WHAT IF YOU SHIFTED YOUR DEVOTION? WHAT WOULD HAPPEN TO YOUR WORRY?**

<sup>25</sup> ***“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? Matthew 6:25 (TNIV)***

**THERE IS A WAY TO FACE UNCERTAINTY TOMORROW BUT NOT WORRY ABOUT IT TODAY.**

<sup>26</sup> *Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. **Are you not much more valuable than they?** Matthew 6:26 (TNIV)*

<sup>27</sup> *Can **any one of you by worrying** add a single hour to your life? Matthew 6:27 (TNIV)*

<sup>28</sup> *“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. <sup>29</sup> Yet I tell you that not even Solomon in all his splendor was dressed like one of these. <sup>30</sup> If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? Matthew 6:28-30 (TNIV)*

**WHAT OR WHO ARE YOU MOST DEVOTED TO?**