

# APPETITES: I Just Can't Say "No" To... "The Bottle"

- OUR APPETITES WILL EITHER RULE US OR WE WILL RULE THEM.
- HOW WE HANDLE OUR APPETITES WILL DETERMINE THE DIRECTION & QUALITY OF OUR LIFE.

<sup>3</sup> For you have spent enough time in the past doing what pagans choose to do—living in debauchery, lust, **drunkenness**, orgies, carousing and detestable idolatry. **1 Peter 4:3 (NIV)**

<sup>7</sup> Go, eat your food with gladness, and **drink your wine with a joyful heart**, for God has already approved what you do. **Ecclesiastes 9:7 (NIV)**

<sup>1</sup> Wine is a mocker and beer a brawler; **whoever is led astray by them is not wise. Proverbs 20:1 (NIV)**

<sup>29</sup> Who has anguish? Who has sorrow? Who is always fighting? Who is always complaining? Who has unnecessary bruises? Who has bloodshot eyes? <sup>30</sup> It is the one who spends long hours in the taverns, trying out new drinks. <sup>31</sup> Don't gaze at the wine, seeing how red it is, how it sparkles in the cup, how smoothly it goes down. <sup>32</sup> **For in the end it bites like a poisonous snake; it stings like a viper.** <sup>33</sup> You will see hallucinations, and you will say crazy things. <sup>34</sup> You will stagger like a sailor tossed at sea, clinging to a swaying mast. <sup>35</sup> And you will say, "They hit me, but I didn't feel it. I didn't even know it when they beat me up. When will I wake up so I can look for another drink?" **Proverbs 23:29-35 (NLT)**

- ADMIT I AM POWERLESS WITHOUT GOD

<sup>10</sup> I just let **Christ take over!** And so the **weaker** I get, the **stronger** I become. **2 Corinthians 12:10 (MSG)**

- ADMIT THAT I NEED HELP

## **2 Ways to Live:**

### **1. CONCEALING**

### **2. REVEALING**

<sup>3</sup> *When I kept silent, my bones wasted away through my groaning all day long. <sup>4</sup> For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. <sup>5</sup> Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin.* **Psalm 32:3-5 (NIV)**

**CONCEAL = DEATH**

**REVEAL = LIFE**

<sup>2</sup> *There is **nothing concealed that will not be disclosed**, or hidden that will not be made known. <sup>3</sup> What you have said in the dark will be heard in the daylight, and what you have whispered in the ear in the inner rooms will be proclaimed from the roofs.* **Luke 12:2-3 (NIV)**

- **GOD EXPOSES WHAT WE COVER BUT HE COVERS WHAT WE EXPOSE.**

<sup>16</sup> *Therefore, confess your sins to **each other** and pray for each other so that you may be **healed**. The prayer of a righteous person is powerful and effective.* **James 5:16 (NIV)**

<sup>17</sup> *Therefore do not be foolish, but understand what the Lord's will is. <sup>18</sup> Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit...* **Ephesians 5:17-18 (NIV)**

<sup>19</sup> *...speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.* **Ephesians 5:19-20 (NIV)**