

WHERE HAVE I HEARD THAT BEFORE?

“Going the Extra Mile”

*“You have heard that it was said, ‘Eye for eye, and tooth for tooth.’ But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also. And if anyone wants to sue you and take your shirt, hand over your coat as well. **If anyone forces you to go one mile, go with them two miles.** Give to the one who asks you, and do not turn away from the one who wants to borrow from you.” **Matthew 5:38-42 (NIV)***

- **INSULT FOR INSULT**
- **INSULT FOR BLESSING**
- **BLESSING FOR BLESSING**
- **BLESSING FOR INSULT**

- **INSULT FOR INSULT RELATIONSHIP**

- **BLESSING FOR INSULT RELATIONSHIP**

When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly.

1 Peter 2:23 (NIV)

*Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay **evil with evil or insult with insult.** On the contrary, repay **evil with blessing,** because to this you were called so that you may inherit a blessing. **1 Peter 3:8-9 (NIV)***

*“Whoever would love life and see good days must **keep their tongue from evil** and their lips **from deceitful speech.** They must **turn from evil** and do good; they must **seek peace** and pursue it.” **1 Peter 3:10-11 (NIV)***

1. GUARD OUR TONGUE

There is one who speaks rashly like the thrusts of a sword, but the tongue of the wise brings healing.

Proverbs 12:18 (NASB)

2. SPEAK TRUTH

*Instead, **speaking the truth in love**, we will grow to become in every respect the mature body of him who is the head, that is, Christ. **Ephesians 4:15 (NIV)***

3. RUN FROM EVIL

4. PURSUE PEACE

*Do **all that you can** to live in peace with everyone.*

Romans 12:18 (NLT)

*Dear friends, **never take revenge**. Leave that to the righteous anger of God. For the Scriptures say, "I will take revenge; I will pay them back," says the Lord.*

Romans 12:19 (NLT)