

# Where Is God When I'm Overwhelmed

God does some of His best work in caves.

- David was **HONEST** with GOD.

*1 I cry aloud to the Lord; I lift up my voice to the Lord for mercy. 2 I pour out before him **my complaint**; before him I **tell my trouble**. 3 When my spirit grows faint within me, it is you who watch over my way. In the path where I walk people have hidden a snare for me. 4 Look and see, there is no one at my right hand; no one is concerned for me. I have no refuge; **no one cares for my life**. Psalm 142:1-4 (NIV)*

- David was **DEPENDANT** on GOD.

*5 I cry to you, Lord; I say, "**You are my refuge**, my portion in the land of the living." 6 Listen to my cry, for I am in desperate need; **rescue me** from those who pursue me, for they are too strong for me. 7 **Set me free** from my prison, that I may praise your name. Then the righteous will gather about me because of your goodness to me. Psalm 142:5-7 (NIV)*

- David was **STRENGTHENED** by GOD.

*David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. **But David found strength in the Lord his God**. 1 Samuel 30:6 (NIV)*

*1 I cry out to God; yes, I shout. Oh, that God would listen to me! 2 When I was in deep trouble, I searched for the Lord. All night long I prayed, with hands lifted toward heaven, but my soul was not comforted. 3 I think of God, and I moan, overwhelmed with longing for his help. 4 You don't let me sleep. I am too distressed even to pray! 5 I think of the good old days, long since ended, 6 when my nights were filled with joyful songs. I search my soul and ponder the difference now. 7 Has the Lord rejected me forever? Will he never again be kind to me? 8 Is his unfailing love gone forever? Have his promises permanently failed? 9 Has God forgotten to be gracious? Has he slammed the door on*

his compassion? 10 And I said, "This is my fate; the Most High has turned his hand against me."

11 **But then** I recall all you have done, O Lord; I remember your wonderful deeds of long ago. 12 They are constantly in my thoughts. I cannot stop thinking about your mighty works. 13 O God, your ways are holy. Is there any god as mighty as you? 14 You are the God of great wonders! You demonstrate your awesome power among the nations.

**Psalms 77:1-14 (NLT)**