And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28 (NIV)

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, Psalms 46:1-2 (NIV)

How Do I Get God’s Help?

1. ACKNOWLEDGE GOD’S EXISTENCE.

And we know that in all things God works... Romans 8:28 (NIV)

And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him. Hebrews 11:6 (NLT)

For since the creation of the world God’s invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse. Romans 1:20 (NIV)

The heavens proclaim the glory of God. The skies display his craftsmanship. Psalms 19:1 (NLT)

Only fools say in their hearts, “There is no God.” Psalms 14:1 (NLT)

2. UNDERSTAND GOD’S CHARACTER.

...God works for the good... Romans 8:28 (NIV)
Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, for through him God created everything... Everything was created through him and for him. He existed before anything else, and he holds all creation together. Colossians 1:15-17 (NLT)

- **JESUS KNOWS ALL ABOUT MY SITUATION**

...your Father knows exactly what you need even before you ask him! Matthew 6:8 (NLT)

No one needed to tell him about human nature, for he knew what was in each person’s heart. John 2:25 (NLT)

...I trust in the Lord. I will be glad and rejoice in your unfailing love, for you have seen my troubles, and you care about the anguish of my soul. Psalms 31:6-7 (NLT)

- **JESUS CARES ABOUT MY SITUATION**

So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor. Give all your worries and cares to God, for he cares about you. 1 Peter 5:6-7 (NLT)

- **JESUS CAN CHANGE ME AND MY SITUATION**

Jesus replied, “What is impossible with man is possible with God.” Luke 18:27 (NIV)

3. **ACCEPT GOD’S OFFER TO HELP ME.**

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28 (NIV)

For God is working in you, giving you the desire and the power to do what pleases him. Philippians 2:13 (NLT)

But to all who believed him and accepted him, he gave the right to become children of God. John 1:12 (NLT)