

Unforgettable Summer

Finding True Rest for Your Soul

3 Ways to Find True Rest for Your Soul

1. **Accept Jesus Into My Life**

“Do not be worried and upset,” Jesus told them. “Believe in God and believe also in me. There are many rooms in my Father’s house, and I am going to prepare a place for you. I would not tell you this if it were not so. And after I go and prepare a place for you, I will come back and take you to myself, so that you will be where I am.” **John 14:1-3 (GNT)**

- **Are you embracing Jesus every day?**

2. **Deal With My Digital Distractions**

The seed that fell among the thorny weeds is like those who hear God’s teaching, but they let the worries, riches, and pleasures of this life keep them from growing and producing good fruit. **Luke 8:14 (NCV)**

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it day and night. They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do. **Psalms 1:1-3 (NLT)**

3. **Weave Worship Into My Work Week**

- **Schedule daily (or regular) getaways with God!**

But more than anything else, put God’s work first and do what he wants. Then the other things will be yours as well. **Matthew 6:33 (CEV)**

Time:

Place:

- **Gather with God’s family weekly.**

*Don't stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other, especially as you see the day drawing near. **Hebrews 10:25 (CEB)***

**Never Let the Enemy Tell You That
You Don't Belong in God's House**

As far as east is from west— that's how far God has removed our sin from us. Like a parent feels compassion for their children— that's how the Lord feels compassion for those who honor him. **Psalms 103:12-13 (CEB)**